## Senate File 33 - Introduced

SENATE FILE 33 BY SEGEBART

## A BILL FOR

- 1 An Act providing for the designation of a caregiver relating to
- 2 a patient's inpatient stay at a hospital.
- 3 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:

- 1 Section 1. NEW SECTION. 144F.1 Definitions.
- 2 As used in this chapter, unless the context otherwise
- 3 requires:
- 4 1. "After-care assistance" means any assistance provided
- 5 by a caregiver to a patient following the patient's discharge
- 6 from a hospital that is related to the patient's condition
- 7 at the time of discharge, including but not limited to
- 8 assisting with basic activities of daily living, assisting
- 9 with instrumental activities of daily living, and performing
- 10 other tasks including but not limited to managing wound care,
- 11 assisting in the administering of medications, and operating
- 12 medical equipment, as determined to be appropriate by the
- 13 patient's discharging physician or other licensed health care
- 14 professional.
- 15 2. "Caregiver" means any individual designated as a
- 16 caregiver by a patient who provides after-care assistance to a
- 17 patient in the patient's residence. "Caregiver" includes but is
- 18 not limited to a relative, spouse, partner, friend, or neighbor
- 19 who has a significant relationship with the patient.
- 20 3. "Discharge" means a patient's exit or release from a
- 21 hospital to the patient's residence following an inpatient
- 22 admission.
- 23 4. "Entry" means a patient's admission into a hospital for
- 24 the purposes of receiving inpatient medical care.
- 25 5. "Facility" means a health care facility as defined in
- 26 section 135C.1, an elder group home as defined in section
- 27 231B.1, or an assisted living program as defined in section
- 28 231C.2.
- 29 6. "Hospital" means a licensed hospital as defined in
- 30 section 135B.1.
- 31 7. "Residence" means the dwelling that the patient considers
- 32 to be the patient's home. "Residence" does not include any
- 33 rehabilitation facility, hospital, nursing home, assisted
- 34 living facility, or group home licensed by the department of
- 35 inspections and appeals.

- 1 Sec. 2. <u>NEW SECTION</u>. **144F.2** Caregiver opportunity to 2 designate.
- 3 l. a. A hospital shall provide each patient or, if
- 4 applicable, the patient's legal guardian with an opportunity
- 5 to designate at least one caregiver within twenty-four hours
- 6 following the patient's entry into a hospital, and prior to
- 7 the patient's discharge or transfer to another hospital or
- 8 facility.
- 9 b. If the patient is unconscious or otherwise incapacitated
- 10 upon entry into the hospital, the hospital shall provide the
- 11 patient or the patient's legal guardian with an opportunity to
- 12 designate a caregiver within twenty-four hours following the
- 13 patient's recovery of consciousness or capacity.
- 14 c. If the patient or legal guardian declines to designate
- 15 a caregiver, the hospital shall promptly document this
- 16 declination in the patient's medical record.
- 17 d. If the patient or the patient's legal guardian designates
- 18 an individual as a caregiver, all of the following shall apply:
- 19 (1) The hospital shall promptly request the written consent
- 20 of the patient or the patient's legal guardian to release
- 21 medical information to the patient's caregiver following the
- 22 hospital's established procedures for releasing personal health
- 23 information and in compliance with all federal and state
- 24 laws. If the patient or the patient's legal guardian declines
- 25 to consent to release medical information to the patient's
- 26 caregiver, the hospital shall not be required to provide notice
- 27 to the caregiver under section 144F.3 or to provide information
- 28 contained in the patient's discharge plan to the caregiver
- 29 under section 144F.4.
- 30 (2) The hospital shall record the patient's designation of
- 31 caregiver, the relationship of the caregiver to the patient,
- 32 and the name, telephone number, and address of the patient's
- 33 caregiver in the patient's medical record.
- 34 e. A patient or the patient's legal guardian may elect to
- 35 change the designation of the patient's caregiver at any time,

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- 1 and the hospital shall record such change in the patient's
- 2 medical record prior to the patient's discharge.
- 3 2. The designation of a caregiver by a patient or a
- 4 patient's legal guardian does not obligate the designated
- ${\bf 5}$  individual to perform any after-care assistance for the
- 6 patient.
- 7 3. This section shall not be construed to require a patient
- 8 or a patient's legal guardian to designate any individual as a
- 9 caregiver.
- 10 Sec. 3. NEW SECTION. 144F.3 Notification of caregiver.
- 11 A hospital shall notify the patient's caregiver of the
- 12 patient's discharge or transfer to another hospital or facility
- 13 as soon as possible upon issuance of a discharge or transfer
- 14 order by the patient's attending physician and prior to the
- 15 patient's actual discharge or transfer to another hospital or
- 16 facility. If the hospital is unable to contact the caregiver,
- 17 the lack of contact shall not interfere with, delay, or
- 18 otherwise affect the medical care provided to the patient, or
- 19 an appropriate discharge or transfer of the patient.
- 20 Sec. 4. NEW SECTION. 144F.4 Instructions to caregiver.
- 21 1. a. As soon as possible and prior to a patient's
- 22 discharge from a hospital, the hospital shall consult with the
- 23 caregiver along with the patient regarding the caregiver's
- 24 capabilities and limitations and issue a discharge plan that
- 25 describes the patient's after-care assistance needs at the
- 26 patient's residence. At a minimum, the discharge plan shall
- 27 include:
- 28 (1) The name and contact information of the caregiver.
- 29 (2) A description of all after-care assistance tasks
- 30 necessary to maintain the patient's ability to reside at the
- 31 patient's residence.
- 32 (3) Contact information for any health care, community
- 33 resource, and long-term services and supports necessary to
- 34 successfully carry out the patient's discharge plan.
- 35 b. If the hospital is unable to contact the caregiver,

- 1 the lack of contact shall not interfere with, delay, or
- 2 otherwise affect the medical care provided to the patient, or
- 3 an appropriate discharge or transfer of the patient.
- 4 2. The hospital issuing the discharge plan shall offer
- 5 to provide a caregiver with instructions for all after-care
- 6 assistance tasks described in the discharge plan. At a
- 7 minimum, this instruction shall include:
- 8 a. A live demonstration or video instruction of the
- 9 after-care tasks, performed by a hospital employee or
- 10 an individual with whom the hospital has a contractual
- 11 relationship, who has the appropriate education and competency
- 12 in the task to be performed and is authorized to perform the
- 13 task, in a culturally-competent manner and in accordance with
- 14 the hospital's requirements to provide language access services
- 15 under state and federal law.
- 16 b. An opportunity for the caregiver to ask questions about
- 17 the after-care assistance tasks.
- 18 c. Answers to the caregiver's questions provided in
- 19 a culturally-competent manner and in accordance with the
- 20 hospital's requirements to provide language access services
- 21 under state and federal law.
- 22 Sec. 5. NEW SECTION. 144F.5 Adoption of rules.
- 23 The department of inspections and appeals, in consultation
- 24 with the department of public health, may adopt rules pursuant
- 25 to chapter 17A to administer this chapter including but not
- 26 limited to rules to further define the content and scope of any
- 27 instructions provided to caregivers under this chapter.
- 28 Sec. 6. NEW SECTION. 144F.6 Construction of chapter
- 29 relative to other health care directive.
- 30 Nothing in this chapter shall be construed to interfere with
- 31 the rights of an agent operating under a valid durable power of
- 32 attorney for health care pursuant to chapter 144B.
- 33 Sec. 7. NEW SECTION. 144F.7 Limitations.
- 34 1. Nothing in this chapter shall be construed to create
- 35 a private right of action against a hospital, a hospital

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- 1 employee, or any consultant or contractor with whom a hospital
- 2 has a contractual relationship, or to limit or otherwise
- 3 supersede or replace existing rights or remedies under any
- 4 other provision of law.
- 5 2. Nothing in this chapter shall delay the appropriate
- 6 discharge or transfer of a patient.
- 7 3. Nothing in this chapter shall be construed to interfere
- 8 with or supersede a health care provider's instructions
- 9 regarding a Medicare-certified home health agency or any other
- 10 postacute care provider.
- 11 4. Nothing in this chapter shall be construed to grant
- 12 decision-making authority to a caregiver to determine the type
- 13 of provider or provider of the patient's posthospital care as
- 14 specified in the patient's discharge plan.
- 15 EXPLANATION
- 16 The inclusion of this explanation does not constitute agreement with
- 17 the explanation's substance by the members of the general assembly.
- 18 This bill relates to the designation of a caregiver relative
- 19 to an inpatient admission of a patient to a hospital to
- 20 provide after-care assistance to the patient upon discharge
- 21 of the patient to the patient's residence. The bill provides
- 22 definitions used in the new Code chapter 144F, including
- 23 "after-care assistance", "caregiver", "discharge", "entry",
- 24 "facility", "hospital", and "residence".
- 25 The bill requires a hospital to provide each patient or, if
- 26 applicable, the patient's legal guardian, with an opportunity
- 27 to designate at least one caregiver following the patient's
- 28 entry into a hospital, and prior to the patient's discharge
- 29 or transfer to another hospital or facility, and provides for
- 30 situations in which the patient is unconscious or otherwise
- 31 incapacitated or if the patient or patient's legal quardian
- 32 declines to designate a caregiver. If a patient or patient's
- 33 legal guardian designates a caregiver, the hospital is required
- 34 to promptly request the written consent of the patient or the
- 35 patient's legal guardian to release medical information to

1 the patient's caregiver following the hospital's established 2 procedures and in compliance with all federal and state If the patient or the patient's legal guardian declines 4 to consent to release medical information to the patient's 5 caregiver, the hospital is not required to provide notification 6 to the caregiver or to provide information contained in the 7 patient's discharge plan to the caregiver. The hospital is 8 required to record the patient's designation of caregiver, the 9 relationship of the caregiver to the patient, and the name, 10 telephone number, and address of the patient's caregiver in 11 the patient's medical record. The bill allows for a change in 12 the caregiver designation by a patient or the patient's legal 13 quardian at any time. The bill provides that the designation 14 of a caregiver by a patient or a patient's legal guardian 15 does not obligate the designated individual to perform any 16 after-care assistance for the patient and that the provisions 17 of the bill are not to be construed to require a patient or 18 a patient's legal quardian to designate any individual as a 19 caregiver. 20 Under the bill, a hospital is required to notify the 21 patient's caregiver of the patient's discharge or transfer to 22 another hospital or facility as soon as possible upon issuance 23 of a discharge or transfer order by the patient's attending 24 physician and prior to the patient's actual discharge or 25 transfer to another hospital or facility. If the hospital is 26 unable to contact the caregiver, the lack of contact shall not 27 interfere with, delay, or otherwise affect the medical care 28 provided to the patient, or an appropriate discharge of the 29 patient. 30 Under the bill, as soon as possible and prior to a patient's 31 discharge from a hospital, the hospital is required to consult 32 with the caregiver along with the patient regarding the 33 caregiver's capabilities and limitations and issue a discharge 34 plan that describes the patient's after-care assistance needs

35 at the patient's residence. The bill also requires specified

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1 minimum instructions to be provided to the caregiver. 2 The bill directs the department of inspections and appeals 3 to adopt rules, in cooperation with the department of public 4 health, to administer the bill. The bill is not to be 5 construed to interfere with the rights of an agent operating 6 under a valid durable power of attorney for health care; 7 is not to be construed to create a private right of action 8 against a hospital, a hospital employee, or any consultant or 9 contractor with whom a hospital has a contractual relationship, 10 or to otherwise supersede or replace existing rights or 11 remedies under any other provision of law; shall not delay 12 the appropriate discharge or transfer of a patient; is not 13 to be construed to interfere with or supersede a health care 14 provider's instructions regarding a Medicare-certified home 15 health agency or any other postacute care provider; and is 16 not to be construed to grant decision-making authority to a 17 caregiver to determine the type of provider or provider of 18 the patient's posthospital care as specified in the patient's 19 discharge plan.